# **Social Circles**



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Creating Connection in the Silver Society through Adult Education

## **Project Overview**

The project addresses barriers like stigma and bad experiences, emphasising support. A bespoke Community Coaching Programme provides educational and emotional support. Bite-sized micro-learning resources cover topics of interest contained within the Educators' Toolbox. Community learning festivals serve as outreach, connecting educators with lonely older individuals and promoting social inclusion.



## **Project Objectives**

Social Circles aims to combat loneliness in older adults by using adult education as a tool.

Adult education provides a multifaceted approach, offering social interaction, purpose, and continuous learning. It seeks to overcome barriers to adult education participation by providing support through a bespoke suite of educational resources.

Overall, the project strives to build inclusive learning environments, increase adult education uptake, and encourage community engagement among older adults.



#### Meetings

The partnership had the kickoff meeting online in November 2024.

The projects tasks was presented and the partnership presented their organisations.

It was a fruitful meeting and the project have a nice and effective team.



### **Next Steps!**

Next steeps in the project, the partnership have started to work on the Educators' Toolbox, which aims to provide adult educators with a robust toolbox of resources that will allow them to provide flexible and engaging micro-learning resources for older adult learners.

#### Stay up-to-date!



Social Circles Project



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